

۱- نیورالینک چیه؟ دئی شیین ممزینّ خو کونترولکھین ب موبایلنّ؟

1- <https://neuralink.com>

2- <https://www.wired.com/story/neuralink-is-impressive-tech-wrapped-in-musk-hype/3->

3- <https://www.technologyreview.com/2020/08/30/1007786/elon-musks-neuralink-demo-update-neuroscience-theater>

۲- کونیت رهش چنه؟ چاوا دروست دبن؟

1- http://www.scholarpedia.org/article/Black_holes

2- <https://www.scientificamerican.com/article/escape-from-a-black-hole>

3- <https://www.jpl.nasa.gov/news/news.php?feature=7372>

۳- نفستن چیه؟ ژبهر چ ئهم دنقین؟

1- <https://www.ncbi.nlm.nih.gov/books/NBK482512/>

2- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3768102/>

3- https://www.researchgate.net/publication/305276141_Unihemispheric_sleep_and_asymmetrical_sleep_Behavioral_neurophysiological_and_functional_perspectives

4- <https://pubmed.ncbi.nlm.nih.gov/29887309/>

5- <https://www.nationalgeographic.com/animals/reference/nocturnal-animals-explained/>

6- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4334454/#:~:text=Melatonin%20is%20a%20hormone%20secreted,various%20diseases%20particularly%20sleep%20disorders.>

7- [https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4851458/#:~:text=Because%20melatonin%20is%20produced%20at,sleep%20\(Zhdanova%2C%202005\)/](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4851458/#:~:text=Because%20melatonin%20is%20produced%20at,sleep%20(Zhdanova%2C%202005)/)

٤- پارادوکس بزاردهیان (paradox of choice)

- 1- <https://psychcentral.com/lib/the-negative-impact-of-choice>
- 2- <https://psychcentral.com/lib/four-steps-to-making-a-decision-for-people-who-hate-to-choose>
- 3- <https://spssi.onlinelibrary.wiley.com/doi/abs/10.1111/j.1751-2409.2012.01045.x>
- 4- Book: The Paradox of Choice: Why More Is Less by [Barry Schwartz](#)

٥- گوشت چیه ؟ باشی و خرابییت گوشتی چنه ؟

- 1- <https://www.exploratorium.edu/cooking/meat/INT-what-meat-color.html>
- 2- <https://care.diabetesjournals.org/content/early/2018/03/05/dc17-1992>
- 3- <https://www.cancerouncil.com.au/1in3cancers/lifestyle-choices-and-cancer/red-meat-processed-meat-and-cancer/#:~:text=Consuming%20too%20much%20red%20and,18%25%20of%20bowel%20cancer%20cases.&text=Processed%20meat%20is%20classified%20as,cause%20them%20to%20be%20carcinogenic.>
- 4- <https://www.diabetes.co.uk/food/red-meat.html>